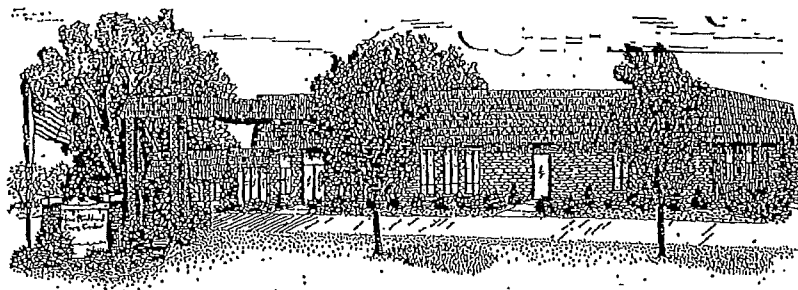


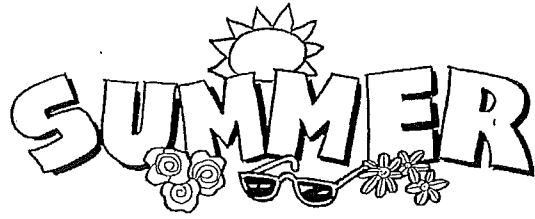
NEW RICHLAND CARE CENTER
P.O. BOX 477
NEW RICHLAND, MN 56072

New Richland Care Center
Caring and Sharing since 1975



June 2016

New Richland Care Center
June 2016 Newsletter



From the Desk of the Administrator!

Summer is finally here, I wish everyone an enjoyable summer spending time with family and friends.

On another note, I have had several people visit with me regarding the new room rates. Some were wondering if another setting for their family member would be an option. I understand the concerns people have with the recent rate increases. But when the cost of caring for your loved is viewed in the context of a 24 hour day, the cost seems much more reasonable. Consider a daily rate of \$240 a day which equates to just \$10 an hour. It can be hard to imagine that we can provide nursing care, activities, meals, a room, TV and many other services for just \$10.00 an hour. In addition, our new rates reflect the actual cost of caring for your loved ones.

Please feel free to see me if you have any questions

Don Alexander
Administrator

"Meeting Our NRCC Family"

Sarah Starman is a Culinary Cook and Assistant here at the Care Center & has worked here since August 2007. It will be 9 years this August and we are so grateful for her hard work and dedication to NRCC. Sarah was born in Owatonna, MN. And grew up in the country with her 2 brothers. She has one daughter Grace who is 9 years old and is expecting a new arrival in October. She currently lives in New Richland with her boyfriend Chase and Grace. Sarah likes having her work close to where she is living. Sarah loves hanging out with her friends and family and getting sleep whenever time allows it especially with a new little one on its way. Her favorite thing here at the care center is her co-workers.

Katelyn Christianson is a Culinary Assistant here at the care center and originally came to work here because she needed to get some extra money to go on a high school trip to D.C. In August Katelyn will have her 3rd Anniversary at NRCC. She was born in St. Cloud, MN but currently lives here in New Richland. When she growing up she wanted to be a singer (She has a beautiful voice by the way). She is taking online classes since graduating from high school last spring. In her spare time she loves to shop, sew and of course sing. Her favorite thing her at the care center is the residents.

Social Services News

Annual Memorial Service ~ On Wednesday, May 25, 2016 we were so blessed to have the opportunity to honor those people that passed away from May 1, 2015 through April 16, 2016. We are so thankful for those people that could attend to share this evening with us, it is always a very meaningful service to me and I am glad that I can visit with the families again. It is nice to see how everyone is doing. The New Richland Care Center Staff want past and present family and friends to know that it is a joy to know and care for your loved ones.

Below is one of the readings we had during our service, I felt this was appropriate during this time as we recently honored and visited the graves of the loved that have passed.

As I Sit In Heaven

*As I sit in heaven
And watch you everyday
I try to let you know with signs
I never went away
I hear you when you're laughing
And watch you as you sleep
I even place my arms around you
To calm you as you weep
I see you wish the days away
Begging to have me home
So I try to send you signs
So you know you are not alone
Don't feel guilty that you have
Life that was denied to me
Heaven is truly beautiful
Just you wait and see
So live your life, laugh again
Enjoy yourself, be free
Then I know with every breath you take
You'll be taking one for me...*



This Was the Year... 1969

Pegi Schlis, CTRS, ACC, AG-BC

U.S. PRESIDENT & VICE PRESIDENT

Richard Nixon & Spiro Agnew

TIME MAGAZINE PERSON OF THE YEAR

Middle Americans

(People living in the central U.S.)

COST OF LIVING

- New House - \$15,525
- Average Income - \$5,894 (from Social Security Admin.)
- New Car - \$3,278
- Average Rent - \$135 per month
- Gasoline - 35¢ per gallon
- Harvard Tuition - \$2,000 per year
- Movie Ticket - \$1.50
- Postage Stamp - 6¢
- Year End Close Dow Jones Industrial Average - 800
- One Ounce Gold - \$41.28
- Cost of a Super Bowl Ad - \$55,000

COST OF FOOD

- Granulated Sugar - 76¢ for 5 lbs.
- Milk - \$1.26 per gallon
- Ground Coffee - 95¢ per pound
- Bacon - 76¢ per pound
- Eggs - 40¢ per dozen
- Ground Beef - 57¢ per pound
- Fresh Bread - 23¢ per loaf

NATIONAL AND WORLD NEWS

- Neil Armstrong and Buzz Aldrin became the first humans to set foot on the Moon.
- Woodstock attracted more than 350,000 rock and roll fans.
- The Beatles recorded their final album, *Abbey Road*.
- The first troop withdrawals from Vietnam began.
- Members of a cult led by Charles Manson murdered five people.
- Hurricane Camille hit the Mississippi coast; 248 people were killed.
- Wal-Mart® incorporated as Wal-Mart Stores®, Inc.
- Ted Kennedy was involved in a drunk driving incident in Chappaquiddick involving the death of Mary Jo Kopechne.

TECHNOLOGY NEWS

- The Concorde test flight was conducted in France.
- Seiko® sold the first quartz watch.
- The ARPANET (Advance Research Projects Agency) was created. This was the predecessor of the Internet.
- The microprocessor was invented.
- The first totally artificial heart was placed into Haskell Carp for 64 hours until a donor heart became available.

QUOTE

- "One small step for a man, one giant leap for mankind."
-Neil Armstrong upon stepping on the moon

POPULAR MOVIES

- *Midnight Cowboy* (Academy Award® winner)
- *Butch Cassidy and the Sundance Kid*
- *Easy Rider*
- *True Grit*
- *Take the Money and Run*
- *The Love Bug*

POPULAR TV SHOWS

- *Rowan and Martin's Laugh-In*
- *Gunsmoke*
- *Bonanza*
- *Mayberry R.F.D.*
- *Family Affair*
- *Here's Lucy*
- *The Red Skelton Hour*
- *Marcus Welby, M.D.*
- *Walt Disney's Wonderful World of Color*
- *The Doris Day Show*

FADS

- Silly String®
- Toss Across® game
- Big Wheels®
- Nerf® Ball

SPORTS CHAMPIONS

- New York Mets (baseball)
- New York Jets (football - Super Bowl III)
- Mario Andretti (Indianapolis 500)
- Montreal Canadiens (hockey)
- UCLA (NCAA basketball)
- Boston Celtics (NBA)
- Steve Owens from Oklahoma (Heisman Trophy®)
- Majestic Prince (Kentucky Derby)
- Rod Laver & Ann Jones (singles at Wimbledon)
- Orville Moody (golf U.S. Open)

MUSIC

- *Come Together* (The Beatles)
- *A Boy Named Sue* (Johnny Cash)
- *Get Back* (The Beatles)
- *Honky Tonk Women* (The Rolling Stones)
- *I Can't Get Next to You* (The Temptations)
- *Sugar Sugar* (The Archies)
- *Suspicious Minds* (Elvis Presley)
- *In the Year 2525* (Zager & Evans)
- *Leaving on a Jet Plane* (Peter, Paul and Mary)
- *Wedding Bell Blues* (The 5th Dimension)

BORN THIS YEAR

- Jennifer Aniston
- Steffi Graf
- Catherine Zeta-Jones
- Brett Favre

ACTIVITY DEPARTMENT NEWS

We had a great 2016 National Nursing Home Week!! It was a successful, fun week and we appreciate the great resident, family, visitor and staff participation!!

In June we look forward to spending more time out on the patio and enjoy the plants that have been planted and listen to the birds and traffic. Our local daycares will be making weekly visits.

A special date to remember—Resident/Family Picnic is scheduled for August 25th, look for more information in the next couple months.

HUMOR ABOUT FATHERS

"Dad, what are these holes in the wood?" the son asked. "Those are knotholes," his father replied. "Well," the boy countered, "if they aren't holes, what are they?"

Dear Dad,

School i\$ great. I'm making lot\$ of friend\$ and \$tudying hard. I \$imply can't think of anything I need, \$o ju\$t \$end me a card, a\$ I would love to hear from you.

Love, Your \$on

Dear Son,

I kNOw astroNOmy, ecoNOmics, and oceaNOgraphy are eNOugh to keep even an hoNOr student busy. Do NOT forget that the pursuit of kNOwledge is a NOble task, and you can never study eNOugh.

Love, Dad

Find us at: www.newrichlandcarecenter.com

E-mail your residents at: ccresidents@hotmail.com

To Contact Managers and Nurses: e-mail or call:

Don Alexander, Administrator: 507-417-4501—dalexander@nrcarecenter.com

Susan Reyerson, Business Office Manager: 507-417-4502—sreyerson@nrcarecenter.com

Penni Mueller, Social Services Director: 507-417-4503—pmueller@nrcarecenter.com

Kathy Flor, Activity Director: 507-417-4504—kflor@nrcarecenter.com

Marnie Jansen Studnicka, Director of Nursing: 507-417-4507—mjansen@nrcarecenter.com


Tammy Krueger, MDS Coordinator/Nurse Manager: 507-417-4010—tkrueger@nrcarecenter.com

Tara Yotter, MDS CoordinatiOR/Nurse Manager: 507-417-4506—tyotter@nrcarecenter.com

Lana Purdie, Dietary Manager: 507-417-4509—lpurdie@nrcarecenter.com

U A N E Happy Fathers Day

2016

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|---|--|--|--|--|---|
|  5 9:45 Catholic Comm. Peace & Power Channel 7 1:10 Twins vs. TB 2:00 Coffee Shop 2:30 Card Bingo 3:30 St. Peter's Sunday Service DVD-Act. TV | 6 7:30 Waffle/Breakfast 9:30 Fitness Fun 10:30 Daycare Kids 2:30 Hangman 6:00 Grocery Game | 7 9:00 Catholic Mass 10:30 Communion Serv. 1:00 Shopcart 2:30 Food Committee/ Resident Council Mtg. 6:00 Poker Dice 7:10 Twins vs. MIA | 8 Dan's Beauty Shop 9:00 Manicures/Movie 2:30 Music with Mark Wilmes 6:00 Dice 1-6 7:10 Twins vs. MIA | 9 Cheri's Beauty Shop 9:30 Fitness Fun 10:30 Worship Service w/Pastor Moistrass 2:30 Horsing 5:15 Supper Club 6:00 Memories Car Club 7:10 Twins vs. MIA | 10 Catholic Rosary/Communion 10:00 Bible Study w/ Timothy Blackman 2:30 Bingo 6:00 6-5-4 Dice Game 7:10 Twins vs. BOS | 11 AM Leisure Visits 11:00 Fitness Fun 1:10 Twins vs. BOS 2:00-2:30 Coffee/Social 2:30 Treasure Hunt Game |
| 12 9:45 Catholic Comm. Worship Service w/Congregational Church in the Chapel 1:10 Twins vs. BOS 2:00 Coffee Shop 2:30 Card Bingo 3:30 St. Peter's Sunday Service DVD-Act. TV | 13 9:30 Fitness Fun 10:30 Daycare Kids 2:30 Name 10 Trivia 6:00 Grocery Game 9:05 Twins @ LAA | 14 Flag Day 9:00 Catholic Mass 10:20 Pfeiffer/Dominos 1:00 Shopcart 2:30 Sharing Memories In the Courtyard 6:00 Poker Dice 9:05 Twins @ LAA | 15 Dan's Beauty Shop 9:00 Manicures/Movie 2:30 Summer Fun Jingo w/Kristen & Karla 6:00 Dice 1-6 9:05 Twins @ LAA | 16 Cheri's Beauty Shop 9:30 Fitness Fun 10:30 Worship Service w/Pastor Slipper 2:30 Sing along w/ Beth Wilson 6:00 Poker Dice 7:10 Twins vs. NYYY | 17 Catholic Rosary/Communion 10:00 Bible Study w/ Pastor Brey 2:00 Coffee 2:30 Bingo/Community Invited to Play Bingo 6:00 6-5-4 Dice Game 7:10 Twins vs. NYYY | 18 AM Leisure Visits 11:00 Fitness Fun 1:10 Twins vs. NYYY 2:00-2:30 Coffee/Social 2:30 Treasure Hunt Game |
| 19 Father's Day 9:45 Catholic Comm. Peace & Power Channel 7 1:10 Twins vs. NYYY 2:00 Coffee Shop 2:30 Card Bingo 3:30 St. Peter's Sunday Service DVD-Act. TV | 20 Summer Begins Jim's Barbershop 9:30 Fitness Fun 10:30 Daycare Kids 2:30 Gone Fishing Bingo 6:00 Grocery Game | 21 Catholic Mass 10:20 Pfeiffer/Dominos 1:00 Shopcart 2:30 Treasure Hunt Game 6:00 Poker Dice 7:10 Twins vs. PHI | 22 Dan's Beauty Shop 9:00 Manicures/Movie 2:30 Monthly Birthday Party/Trinity Lutheran 6:00 Dice 1-6 7:10 Twins vs. PHI | 23 Cheri's Beauty Shop 9:30 Fitness Fun 10:30 Worship Service w/Pastor Gegel 12:10 Twins vs. PHI 2:30 Music w/ Duke Zecco 6:00 Poker Dice | 24 Catholic Rosary/Communion 10:00 Bible Study w/ Nadine Strange 2:30 Bingo 6:00 6-5-4 Dice Game 6:05 Twins @ NYYY | 25 AM Leisure Visits 11:00 Fitness Fun 12:05 Twins @ NYYY 2:00-2:30 Coffee/Social 2:30 Treasure Hunt Game |
| 26 9:45 Catholic Comm. Peace & Power Channel 7 12:05 Twins @ NYYY 2:00 Coffee Shop 2:30 Card Bingo 3:30 St. Peter's Sunday Service DVD-Act. TV | 27 9:30 Fitness Fun 10:30 Daycare Kids 2:30 United States Trivia Bingo 6:00 Grocery Game | 28 Catholic Mass 9:00 Pfeiffer/Dominos 10:20 Shopcart 1:00 Music by: Clarance & Barbara Heaver 6:00 Poker Dice 7:10 Twins @ CWS | 29 Dan's Beauty Shop 9:00 Manicures/Movie 2:30 June Popcorn 6:00 Dice 1-6 7:10 Twins @ CWS | 30 Cheri's Beauty Shop 9:30 Fitness Fun 10:30 Worship Service w/Pastor Andree 1:10 Twins @ CWS 2:30 Trivia Fun in the Courtyard 6:00 Poker Dice | Spec Mailing Address P.O. Box 477 Send e-mail greetings to: cecrasients@hannil.com Just put your family member's name in the subject line. We will print & deliver them | JUNE STAFF ANNIVERSARIES One Year Anna Storf, Ryann Hagen, Rachel Schmidt Two Years Brooke Reyerson Three Years Kristen Anderson, Marrie Jansen-Studnicka, Karina Nelson Four Years Sarah Warzinske |