

NEW RICHLAND CARE CENTER
P.O. BOX 477
NEW RICHLAND, MN 56072

*New Richland Care Center
Caring and Sharing since 1975*



NOVEMBER~~2019

New Richland Care Center

November 2019 Newsletter

From The Desk of the Administrator

Administrator's musings:

We are still trying to get set up with Humana insurance, which is oddly difficult, and have had mixed success. We are still working with them and I assume we will get set up for Medicare Advantage. We are also still working to get a VA contract. This is a work in process and hopefully we will have good news by next month.

Just an update on our new van service. As mentioned last month, we added a part time driver to help drive the van helping the activities department but mainly to assist resident and the families. Reviewing our van usage since Oct 15 and scheduled through Nov 11th includes:

- Activities 6 trips including Waseca
- Various resident appointments:
 - Owatonna 4 times
 - In town 5 times
 - Waseca 4 times
 - Rochester twice
 - Albert Lea and Mankato once each.

I expect the volume of trips to grow more. It has already been a convenience to family members and I assume that will increase as well.

The staff and I are reviewing ways to spend our Gift and Memorial fund balance of \$32,500. We are considering many different ideas but the focus will be solely on improving resident quality of life. Hopefully residents will start seeing the changes in the next few months.

There has been some rumor of staff reductions or that staff are "working short" during the last few months. In actuality, our staffing levels, particularly the nurse department has stayed flat. In fact, given that our number of residents here has decreased on average lately, this has amounted to more nurse and nurse aide staffing per resident! We submit a report to Medicare every 3 months and our change in nurse hours per resident days is as follows:

M-F: RN increase 9.2%, LPN increase 17.9%, Aides increase 12.3%

S-S: RN increase 13.9%, LPN increase 12.6%, Aides increase 13.0%

We will continue to strive to provide the best care we can to our residents and high levels of staffing will help us do this. Our rule of thumb is to use the nurse aide best practice of 1 aide per eight residents during the day. Two of our new aides have worked in area nursing homes and one had a ratio of 1 aide per 14 residents and the other had a ratio of 1 aide per 17 residents. They are glad they joined our team.

Thank you to the resident families for trusting us with your loved ones and thank you staff for your hard work.

Chuck Ness, LNHA, MBA

NOVEMBER STAFF ANNIVERSARIES

ONE YEAR

Cheryl Root, Madi Kormann

TWO YEARS

Marcia Hinz

SEVEN YEARS

Debra Markell

EIGHTEEN YEARS

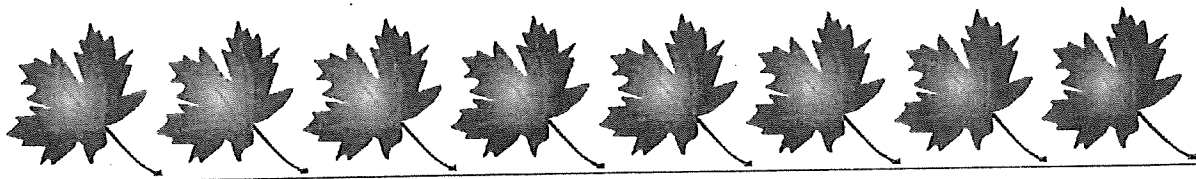
Barb Eggers

THIRTY-NINE YEARS

Kathy Flor

Culinary News

The Culinary Department would like to invite family and friends to our traditional Thanksgiving Day Meal. We will be serving Herb Roasted Turkey, Mashed Potatoes, Green Bean Casserole, Stuffing, Dinner Roll and Pumpkin Pie. The date is November 28th at Noon and the cost is \$8.00 per person. To reserve your spot please contact us in the kitchen or call me Brad Hartin at 507-417-4509 or email me at bhartin@nrcarecenter.com please RSVP by Friday November 15th



www.newrichlandcarecenter.com

E-mail your resident at: ccresidents@hotmail.com

To Contact Managers and Nurses: e-mail or call

Administrator: 507-417-4501--cness@nrcarecenter.com

Susan Reyerson, Business Office Manager: 507-417-4502--sreyerson@nrcarecenter.com

Penni Mueller, Social Services Director: 507-417-4503--pmueller@nrcarecenter.com

Kathy Flor, Activity Director: 507-417-4504--kflor@nrcarecenter.com

Gloria Steele, MDS Coordinator: 507-417-4506--gsteele@nrcarecenter.com


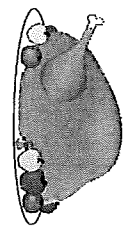




Megan Kunz, Director of Nursing: 507-417-4507--mkunz@nrcarecenter.com

Brad Hartin, Culinary Director: 507-417-4509--bhartin@nrcarecenter.com

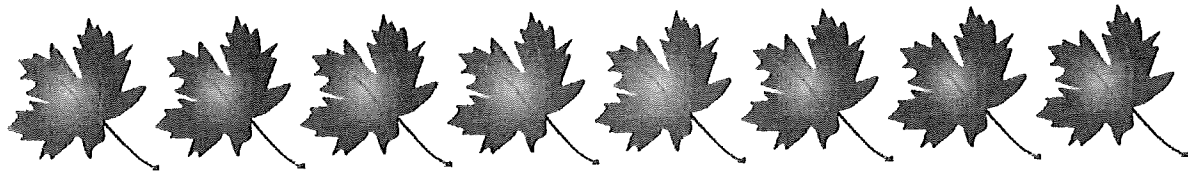
Kyle Parr, 100 Hall Nurse Manager: 507-417-4010--kparr@nrcarecenter.com

Tammy Krueger, 200 Hall Nurse Manager: 507-417-4010--tkrueger@nrcarecenter.com

Paul Reyerson, EVS Director: 507-465-3292 EXT. 307--preyerson@nrcarecenter.com

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|---|--|---|---|---|--|
| <p>3 Daylight Savings Time Ends 10:00 Peace & Power Channel 7 12:00 Vikings @ Kansas City 2:00 Coffee Shop 2:30 Card Bingo 6:00 U.S. Trivia Bingo</p> | <p>4 9:30 Fitness Fun 10:15 Dominoes/YSL 2:30 Food Committee Resident Council Meeting 6:00 Grocery Game</p> | <p>5 9:00 Catholic Communion/Rosary 10:15 Dominoes/YSL 2:30 Entertainment w/ Patrick Rasmussen 6:00 Poker Dice</p> | <p>6 Dani's Beauty Shop 9:00 Manicures/Movie 1:00 Shopcart 2:30 Make Apple Crisp 6:00 6-5-4 Dice Game</p>  | <p>7 Sandy's Beauty Shop 9:30 Fitness Fun 10:30 Monthly Comm./ Worship Service 2:30 NRCC Choir Practice w/Gratia 6:00 Poker Dice</p>  | <p>1 9:00 Catholic Rosary 10:15 YSL 1:45 Afternoon Coffee 2:00 Bingo w/Volunteers/ The Drama Club 6:00 6-5-4 Dice Game</p> | <p>2 AM Leisure Visits 11:00 Fitness Fun 2:00-2:30 Coffee/Social 2:30 Treasure Hunt Game 6:00 Dice 1-6</p> |
| <p>10 10:00 Worship Service w/Congregational Church In the Chapel 2:00 Coffee Shop 2:30 Card Bingo 6:00 U.S. Trivia Bingo 7:20 Vikings @ Dallas</p> | <p>11 Veteran's Day 8:45 Veteran's Program @ School 10:15 Dominoes/YSL 2:00 Veteran's Day Program/Coffee to follow 6:00 Grocery Game</p> | <p>12 9:00 Catholic Communion/Rosary 10:15 Dominoes 2:30 7/UP 6:00 Poker Dice</p> | <p>13 Dani's Beauty Shop 9:00 Manicures/Movie 1:00 Shopcart 2:00 Coffee/Bingo w/ Up & Comin' Club/Waldorf 6:00 6-5-4 Dice Game</p>  | <p>14 Sandy's Beauty Shop 9:30 Fitness Fun 10:30 Worship Service w/Pastor Schwartz 2:30 November Poppourri/Happy Hour 6:00 Poker Dice</p> | <p>15 9:00 Catholic Mass 10:00 Bible Study w/ Ron Bryy 2:30 Community Bingo 6:00 6-5-4 Dice Game</p> | <p>16 AM Leisure Visits 11:00 Fitness Fun 2:00-2:30 Coffee/Social 2:30 Treasure Hunt Game 6:00 Dice 1-6</p> |
| <p>17 10:00 Peace & Power Channel 7 12:00 Vikings vs. Denver 2:00 Coffee Shop 2:30 Card Bingo 6:00 U.S. Trivia Bingo</p> | <p>18 9:30 Fitness Fun 10:15 Dominoes/YSL 2:30 LCR Dice Game 6:00 Grocery Game</p>  | <p>19 Christmas Decorating Begins 9:00 Catholic Communion/Rosary 10:15 Dominoes/YSL 2:30 Entertainment w/ Duke Zecco 6:00 Poker Dice</p> | <p>20 Dani's Beauty Shop 9:00 Manicures/Movie 1:00 Shopcart 2:30 Monthly Birthday Party/Sing Along w/Beth Wilson/Provided by: Vista Lutheran Church 6:00 6-5-4 Dice Game</p> | <p>21 Sandy's Beauty Shop 9:30 Fitness Fun 10:30 Worship Service w/Pastor Williams (Le Sneur River/Vista)/YSL 2:30 Name 10 Trivia 5:00 Supper Club 6:00 Poker Dice</p> | <p>22 9:00 Catholic Mass 10:00 Bible Study w/ Nadine Stenge 10:15 YSL 2:30 Bingo 6:00 6-5-4 Dice Game</p> | <p>23 AM Leisure Visits 11:00 Fitness Fun 2:00-2:30 Coffee/Social 2:30 Treasure Hunt Game 6:00 Dice 1-6</p> |
| <p>24 10:00 Worship Service w/Congregational Church In the Chapel Vikings BYE Week 2:00 Coffee Shop 2:30 Card Bingo 6:00 U.S. Trivia Bingo</p> | <p>25 9:30 Fitness Fun 10:15 Dominoes/YSL 2:30 Candy Bar Bingo 6:00 Grocery Game</p> | <p>26 9:00 Catholic Communion/Rosary 10:15 Dominoes/YSL 2:30 Thanksgiving Tringo 6:00 Poker Dice</p> | <p>27 Dani's Beauty Shop 9:00 Manicures/Movie 1:00 Shopcart 2:30 Entertainment w/ Jim Kozan 6:00 6-5-4 Dice Game</p> | <p>28 <i>Slappy</i> <i>Thanksgiving</i> </p> | <p>29 9:00 Catholic Mass 2:30 Bingo 6:00 6-5-4 Dice Game</p>  | <p>30 AM Leisure Visits 11:00 Fitness Fun 2:00-2:30 Coffee/Social 2:30 Treasure Hunt Game 6:00 Dice 1-6</p> |
| <p>Small Groups ongoing <i>Monday - Sunday</i> Coffee at 2:00 unless otherwise noted. Nice Mailing Address P.O. Box 477</p> | <p>Beside Memorial Services as needed -Programs are subject to change. NRCC Phone Number 507-465-3292</p> | <p>Send e-mail greetings to: ccrestleim@johmail.com Just put your family member's name in the subject line. We will print & deliver them</p> | | | | |

NOVEMBER 2019



Family Gathering Meeting

Who: Informational Meeting for all family members, friends or representatives

Topic: 2020 Rates – What will they be in 2020

Where: New Richland Care Center – Chapel

Date: Tuesday, November 19, 2019

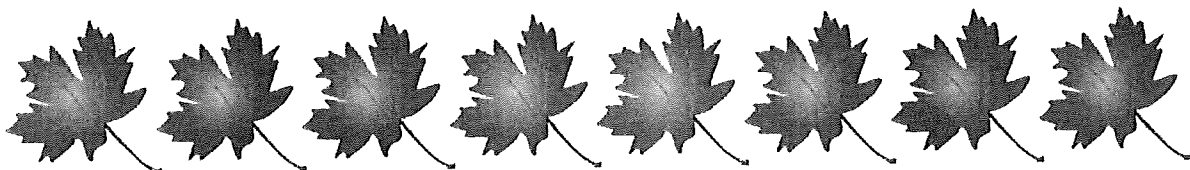
Time: 5:00 p.m.

Supper is provided: Soup & Sandwich

RSVP is needed by:

Friday, November 15, 2019 so we know how much food to prepare

Call Penni Mueller or Kathy Flor at 507-465-3292





This month in the spotlight is Dana Wayne who works in our nursing department as a C.N.A. She started with us in May 2019. Dana lives outside of Geneva with her husband Rodney on the Wayne family farm. They love pets and have 3 Labs Jemma, Lue and Maggie, 1 a chocolate and the other 2 are yellow.

Dana and Rodney have 5 daughters together and 1 beautiful granddaughter Skylar that keeps all of them hopping. Dana enjoys hanging out at Wayne Lake fishing and floating with their family and friends. She also, loves gardening, baking and canning. She is loving her job here at the Care Center, her co-workers and especially the residents

New Employees this Month

Kelsey Roberts – C.N.A.

Heather Shooltz – T.M.A./C.N.A.

Brittney Leach – C.N.A.

Mikayla Adams – Activities Asst.

ACTIVITY DEPARTMENT NEWS—SUCCESSFUL EVENT

The Resident Council Fund Raiser held October 5th was a HUGE success, we achieved and surpassed our goal. Approximately 80 people attended the luncheon, there were 51 Silent Auction Baskets/Items which added to the success of the day. We are so grateful for everyone's contribution and support of this social event.

Now, we move on to November. The NRCC Resident Council is rehearsing to sing with the NRHEG Choir at the annual Veteran's Day Program at the local school. With the joint effort of the Legion Auxiliary, Legionnaires, and NRCC we will have a Veteran's Program at the Care Center also. And, we will begin decorating for the holidays on November 19th. Volunteers are welcome to assist with decorating if you wish. Call Kathy Flor @ 507-417-4504 for more information.

Wishing you all a very Happy Thanksgiving.

SAVE THE DATE—The Resident/Family Christmas Party will be on Friday, December 20th at 2:00 PM. This event will take place in the Care Center's Chapel/Activity Room areas. It is our hope that every resident will have a loved one here for the party and spend the afternoon with them. Also, we would like for you to provide a gift for your loved one that they will receive at this party, please provide a gift even if you are unable to attend. The gift can be placed under the Christmas tree in the Chapel, please make sure your loved ones name is on the gift and who it is from. If you have any questions, please call the Activity Department @ 507-471-4504. Thank you and enjoy the fast approaching holiday season.



Minnesota Department of Human Services and Minnesota Department of Health

Nursing Home Report Card

October 24, 2019

Dear Residents & Family Members/Representatives

The Minnesota Department of Human Services (DHS) sees nursing facility quality as a top priority. Since DHS began tracking in 2004, there have been statewide improvements in quality of nursing care, quality of life, and other factors that are important to residents and their families.

We are pleased to announce the 15th statewide Resident Quality of Life Survey and the 10th Statewide Family Satisfaction Survey. Residents - will be interviewed here at the New Richland Care Center on Tuesday, November 5, 2019, starting at 8:30 a.m. Family Members/Representatives, this fall, you should receive a survey in the mail from Vital Research on behalf of DHS. Vital Research is collecting the satisfaction surveys and are not connected with any Minnesota nursing facility or with the Department of Human Services, other than their work on this project.

Mark your calendars – and remember to call Penni with questions at 507-417-4503

Social Services News

I want to take a moment to say thank you to all of the Residents, Family Members, Friends, Volunteers and Staff that are involved with the New Richland Care Center each and every day. I am so Blessed to be a part of this great facility, and feel more Blessed by the many people we get to meet and spend time with each day. Thank you and Happy Thanksgiving to all. Remember to count your Blessings daily!
Penni ☺

When counting my
Blessings,
I count you
Twice.