

MEALS ON WHEELS November 2020

| SUN | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SAT |
|-----|--|---|---|---|---|-----|
| 1 | 2 Spaghetti Vegetable Garlic Toast Pumpkin Bar | 3 Cider Glazed Chicken Sweet Potatoes Green Beans Flamingo Cake | 4 Balsamic Roast Beef Onion Roasted Potatoes Broccoli Caramel Apple Crisp | 5 Smoked Sausage Creole Corn Garlic Toast Ice Cream | 6 Baked Fish Baked Potato Lemon Carrots Mint Fluff | 7 |
| 8 | 9 Fried Chicken Mashed Potatoes Vegetable Strawberry Cheesecake | 10 Italian Cannelloni Vegetable Garlic Toast Dessert | 11 Pork Loin Scalloped Potatoes Vegetable Autumn Gelatin | 12 BBQ Meatloaf Macaroni & Cheese Carrots Caramel Apple Bar | 13 Salmon Wild Rice Broccoli Blueberry Lemon Cake | 14 |
| 15 | 16 Lasagna Vegetable Garlic Toast Mint Brownie Cheesecake | 17 Smoked Pork Chop Baked Potato Fried Cabbage Pumpkin Cake | 18 Chicken Stuffing Bake Broccoli Spice Cake | 19 Philly Steak Sandwich French Fries Salted Caramel Pudding | 20 Tuna Pasta Parmesan Vegetable Garlic Toast Marshmallow Dessert | 21 |
| 22 | 23 BBQ Ribs Fried Potatoes Squash Angel Dessert | 24 Country Fried Steak Mashed Potatoes Beets Cookie Dough Cheesecake | 25 Chicken Lo Mein Green Beans Sherbet | 26 Traditional Thanksgiving Dinner | 27 Baked Fish Potato Casserole Vegetable Cranberry Orange Cake | 28 |
| 29 | 30 Spaghetti Vegetable Garlic Toast Pumpkin Bar | 1 Cider Glazed Chicken Sweet Potatoes Green Beans Flamingo Cake | 2 Balsamic Roast Beef Onion Roasted Potatoes Broccoli Caramel Apple Crisp | 3 Smoked Sausage Creole Corn Garlic Toast Ice Cream | 4 Baked Fish Baked Potato Lemon Carrots Mint Fluff | 5 |

