

October Meals On Wheels

SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
31	1 Apple Pork Chop Mac & Cheese Green Beans Pumpkin Cake	2 Meatloaf Mini Baked Potatoes Mixed Vegetables Peanut Butter Dessert	3 Chicken w/Stuffing Broccoli Bread Pudding	4 Baked Ravioli Tossed Salad Garlic Toast Mint Chocolate Dessert	5 Baked Salmon Parmesan Rice Vegetable Gelatin	6
7	8 Rotisserie Chicken Fried Potatoes Mixed Vegetables Cran Strawberry Shortcake	9 Country Fried Steak Mashed Potatoes Carrots Apple Dessert	10 Honey Glazed Turkey Citrus Rice Broccoli Cherry Cheesecake	11 Lasagna Vegetable Garlic Toast Butterfinger Lush	12 Catch Of The Day Baked Potato Green Bean Casserole Raspberry Crumb Bar	13
14	15 Tomato Pasta Salad Garlic Toast Dessert	16 Potato Chip Chicken Sweet Potatoes Green Beans Cherry Oat Crisp	17 Beef Pot Roast Mashed Potatoes Beets Dessert	18 Pork Loin Mini Bake Potatoes Vegetable Raspberry Gelatin	19 Breaded Cod Mac & Cheese Cole Slaw Apple Spice Cake	20
21	22 Cheeseburger Potato Salad Ice Cream	23 Glazed Ham Hash Brown Casserole Carrots Chocolate Mint Brownie	24 Steak w/Mushrooms Mashed Potatoes Vegetable Oatmeal & Apple Butter Bars	25 Bruschetta Chicken Pasta Salad Vegetable Pumpkin Dessert	26 Baked Fish Potato Broccoli Candy Bar Cheesecake	27
28	29 Apple Pork Chop Mac & Cheese Green Bean Pumpkin Cake	30 Meatloaf Mini Baked Potatoes Mixed Vegetables Peanut Butter Dessert	31 Chicken W/Stuffing Broccoli Bread Pudding	***Each Meal Is Served With Bread****	Meals On Wheels is delivered Mon- Fri. Including Holidays	

